

# Provide First Aid



## Looking to learn or refresh your First Aid skills?

**HLTAID011 Provide First Aid** equips you with the skills and knowledge to deliver effective first aid responses including CPR. This course is suitable for workplace requirements and members of the public who wish to gain these valuable first aid skills.

### Course Delivery

**1 day of hands-on training, plus pre-course theory.**

**Individual or group bookings available.**

**Statement of Attainment certificate is provided upon completion.**

### Topics

- ✓ Hazard Assessment/Risk Management
- ✓ Airway, Breathing and Responsiveness
- ✓ Safe Manual Handling Techniques
- ✓ Cardio Pulmonary Resuscitation
- ✓ Using an Automated External Defibrillator
- ✓ Allergic reactions including anaphylaxis
- ✓ Asthma
- ✓ Basic wound care
- ✓ Severe bleeding
- ✓ Burns
- ✓ Cardiac arrest
- ✓ Choking and airway obstructions
- ✓ Convulsions
- ✓ Snake bites
- ✓ Fractures, sprains and strains
- ✓ Poisoning
- ✓ Respiratory distress
- ✓ Shock
- ✓ Incident reporting
- ✓ Respond to an emergency situation

**First Aid is recommended to be renewed every 3 years, and CPR every 12 months**

### **Course Dates**

**Fortnightly Thursdays**

**8:45am - 4:00pm**

(Except Public Holidays)

**Thursday 4 Jan 2024**

**Thursday 18 Jan 2024**

**Thursday 1 Feb 2024**

**Thursday 15 Febr 2024**

**Thursday 29 Feb 2024**

**Thursday 14 Mar 2024**

**Thursday 28 Mar 2024**

**Thursday 11 Apr 2024**

**Thursday 9 May 2024**

**Thursday 23 May 2024**

**Enrol by phone or email  
to secure your spot!**

**\$170 per person**

*Group bookings are available at  
other sites for a minimum of 10  
attendees and required facilities.*

