

Provide Cardiopulmonary Resuscitation (CPR)



Time for your CPR Refresher?

Provide Cardiopulmonary Resuscitation (CPR) course is a unit of competency which provides the skills and knowledge required to perform CPR (Cardiopulmonary Resuscitation) in line with the Australian Resuscitation Council. The unit is also a component of HLTAID001 Provide First Aid.

Who is this course for?

This course is suitable for anyone in the general public and workers or professionals in healthcare, fitness, education, trade and many more industries.

How often should you refresh?

The Australian Resuscitation Council recommends that CPR is refreshed on an annual basis.

Course Delivery

2 hours of practical class training at Bestwest Care Training Rooms, plus pre-course theory at home.



Fortnightly Monday 1:30pm - 3:30pm

(excluding public holidays)

Monday 8 Jan 2024 Monday 22 Jan 2024 Monday 5 Feb 2024 Monday 19 Feb 2024 Monday 18 Mar 2024 Monday 15 Apr 2024 Monday 29 Apr 2024 Monday 27 May 2024

Monday 10 Jun 2024

Phone our team to enquire or enrol 08 9439 1673

\$70 per person

Group bookings are available at other sites for a minimum of 10 attendees and required facilities.

- Hazard Assessment/Risk Management
- Airway, Breathing and Responsiveness
- **⊘** Safe Manual Handling Techniques
- **Output** Cardio Pulmonary Resuscitation
- **Solution** Using an Automated External Defibrillator
- Incident Reporting