



Course Dates

Every Monday

8:45am to 1pm

(excluding public holidays)

Monday 8 Jan 2024

Monday 15 Jan 2024

Monday 22 Jan 2024

Monday 29 Jan 2024

Monday 5 Feb 2024

Monday 12 Feb 2024

Monday 19 Feb 2024

Monday 26 Feb 2024

Monday 11 Mar 2024

Monday 18 Mar 2024

**Enrol by phone or email
to secure your spot!**

Learn or refresh your skills

Manual Handling provides you with the skills and knowledge to participate in safe-work practices in caring directly for clients within nursing, aged care and community or home environments.

Learn how to maintain safety and wellbeing support for both the client and worker.

Who is this for?

Classes are suitable for all industry types or community groups within health and aged care such as nurses, student nurses, health workers, support workers, and aged care or disability workers.

Course delivery




Half a day (4 hours) practical class training.

Plus pre-course online theory.

A certificate is provided upon completion.

(Group bookings are available at other sites depending on minimum number of attendees and required facilities)

\$100 per person

-  **Theory of Safe Manual Handling**
-  **Safe Manual Handling Techniques**
-  **Use of Hoists**
-  **Use of Slide Sheets**
-  **Assist with Ambulation**
-  **Follow the Mobility Care Plan**
-  **Transfers Bed to Chair**
-  **Tranfers Car to Chair**
-  **Falls Management**
-  **Use of Policies and Procedures**